



617.232.9770

www.longwoodgrilleandbar.com

## quick starts

**Fresh Fruit Plate** **G** ♥ 7

**Healthy Starter** ♥

granola, yogurt, fruit cup, choice of muffin or toast 8

**Assorted Cereals**

choice of Rice Krispies, Cheerios, Raisin Bran or Special K served with choice of whole or skim milk 6

\*add fresh sliced bananas or select berries for 3

**Ruby Red Grapefruit** **G** ♥

served with cottage cheese 6

**New England Style Oatmeal** **G** ♥

choice of cinnamon toasted walnuts or freshly sliced bananas 6

**Build Your Own**

**Breakfast Sandwich or Wrap\***

fried or scrambled eggs, choice of breads or wraps, cheese and breakfast meat served with home fried potatoes 8

## The Classics

Includes a hot beverage of your choice

**Corned Beef Hash & Eggs\***

two eggs any style on top of our house-made hash 10

**The Lumberjack\***

two eggs any style, two bacon strips, two sausages, two pancakes, home fried potatoes, toast 10

**The American Breakfast\***

two eggs any style, choice of bacon, sausage, or ham, home fried potatoes, toast 9

**Belgian Waffle**

whipped butter, warm syrup 9

\*add strawberries, blueberries, bananas or whipped cream for an additional 3

**Buttermilk Pancakes**

three fluffy pancakes, whipped butter, warm syrup 9

\*add strawberries, blueberries, bananas or whipped cream for an additional 3

**French Toast**

three slices of Texas style toast, cinnamon, powdered sugar, whipped butter, warm syrup 9

**Fried French Toast**

cinnamon infused Special K crust, caramelized bananas and warm syrup 10

**Longwood Grille Egg Sandwich**

toasted Italian bread, sunny side up egg, ham, dijon mustard, swiss cheese cream sauce and served with home fried potatoes 10

**Eggs Benedict**

grilled English muffin, ham, poached eggs, hollandaise sauce and served with home fried potatoes 9

**Vegetable Frittata** **G**

three eggs, potatoes, spinach, broccoli, tomatoes, peppers, onions, parsley and swiss cheese served with fruit cup 10

**Make Your Own Omelet\*** **G** ♥

three eggs & choice of filling and toast 9

fillings: onions, mushrooms, peppers, tomatoes, spinach, ham, bacon, sausage, swiss cheese, cheddar cheese, jack cheese, provolone cheese, feta cheese

♥ egg beaters & egg whites are available for an additional cost

## Sides

**One Egg Any Style\*** **G** 3

**Two Eggs Any Style\*** **G** 5

**Bacon, Sausage or Ham** **G** 4

**Home Fried Potatoes** 4

**Freshly Baked Croissant** 5

**Toast**

white, wheat, marble or English muffin 3

**Bagel & Cream Cheese** 5

**Freshly Baked Muffin**

blueberry, corn or carrot 5

**Yogurt** 4

**Low Fat Cottage Cheese** 4

**Fruit Cup** 4

**Assorted Juices**

orange, cranberry, grapefruit, apple or tomato small 3 | large 5

**French Roast Coffee** 3

**Bigelow Tea**

English teatime, green tea, lemon lift, orange, mint, earl grey 3

**Cappucino**

single 5 | double 7

**Espresso**

single 4 | double 6

## Gluten Free

Bread

Wraps

Blueberry Muffin 5

Bagel 5

**G** Gluten Free Items

♥ Heart Healthy Items  
Low in Saturated Fats & Cholesterol

\*Cooked to your liking. Consuming raw or undercooked meats, seafood, poultry or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Before placing your order, please inform your server if you or a person in your party has a food allergy.